



Does your child experience worry and anxiety?

Many children experience worry and anxiety. In some instances this can lead to more serious mental health issues later in life. This research project seeks to provide children with tools and strategies to help manage these feelings.

We are looking for children 7-11 years old, who currently experience worry and anxiety, to participate in a ten-week Magic Coat Program.

Run by Di Wilcox, Founder and CEO of The Magic Coat Foundation and Clinical Psychologist Dr David Preece, the program is part of a research study being conducted at the University of Western Australia.

During the program children will learn important skills such as how to recognise and manage their emotions, navigate difficult situations and build their confidence, empathy, resilience and self-esteem.



Program Details

- When:** Term 4 (11/10 - 13/12/23), each Wednesday from 4-5pm
- Where:** Robin Winkler Clinic, University of WA
38 Myers Street, Crawley
- Attendance:** Children are requested to attend in person for the ten-week program.
- Enquiries:** If you are interested in enrolling your child for this program, or would like more information, please contact Lillie at hello@magiccoatfoundation.com.au
- Note:** We are unfortunately limited to the number of children we can accept.